

HARVEST TABLE RESTAURANT

Specializing in Locally Grown Food

Lunch Menu



General Store
&
Local Foods Restaurant

*Now Open for Sunday Brunch
11:30-2:30*

MEADOWVIEW
FARMERS' GUILD

Our thinking about food...

Dorothy said it best.....

There's no place like home.

At the Harvest Table, we believe the very best food we can serve you comes from right here in the neighborhood.

Our goal is to serve the best locally-grown foods available: vegetables harvested in season by local farmers who care about the health of their land and your food. Meats raised and finished in sunshine on our local pastures, with no confinement, antibiotics or growth hormones - ever. We work hard to avoid serving you anything that's been genetically modified, packaged in a factory or transported very far. Our suppliers are farmers, cheese makers, meat processors and other food artisans we know by name.

Some foods we serve in winter were purchased in season and preserved here in our kitchen, or by other participants in the Meadowview Farmers' Guild. You'll find select restaurant ingredients and more local products in our General Store next door.

Why do we go to the trouble? Because we love our home, and we hope you will too. This food is the freshest anywhere. We haven't burned a lot of fuel to bring it to you, either. Your food dollars stay here, keeping our townspeople employed and our farmers on their land, where they can keep growing food for us all next year. Sound like a good deal? We think so too.

Feel free to ask your server about the source of any menu item or your special requests.

HARVEST TABLE RESTAURANT

Welcome to the Harvest Table

SOUPS, SALADS & STARTERS

<i>Soup of the Day</i>	<i>cup \$4</i>	<i>bowl \$7</i>
<i>Garden Salad</i>	<i>small \$5</i>	<i>large \$9</i>
<i>Black Bean & Cheese Quesadilla</i>	<i>\$8</i>	
<i>Grilled Chicken on Salad Greens</i>	<i>\$12</i>	
<i>Sweet Potato, Brie & Greens Quesadilla</i>	<i>\$10</i>	

BEVERAGES \$2

Sweet/Un-sweet Tea ~ Coffee

Coke ~ Diet Coke ~ Sprite

Dr. Enuf ~ Diet Dr. Enuf ~ Switch (Carbonated Juice)

(Free Re-Fills on Water, Iced Tea & Coffee)

*All Parties of 8 or more will be billed to one check
All Items on our Menu may be Ordered TO GO*

For Your Convenience we accept
Cash, MasterCard, Visa or Discover
Thank You.

LUNCH ENTREES

Pimento Cheese on Dill Bread	\$6
Traditional Chicken Salad on a crescent roll	\$7
Hamburger on a focaccia roll (1/3 lb)	\$7
Gnocchi Carbonara served w/ side salad	\$8
Sausage Burrito w/ black beans & queso	\$8
Squash Burrito w/ black beans, pickled onions & sour cream	\$8
N.C. Style BBQ Sandwich with slaw	\$8
Grilled Chicken Sandwich Roasted red pepper & honey sauce served on a focaccia roll.	\$8
Gourmet Burger of the Day	\$9
Frittata w/ caramelized onions, goat cheese & garnished w/ seasonal greens	\$9
Calzone w/ marinara for dipping	\$10
Pizza of the Day	\$10

All Sandwiches served with Rt. 11 Chips
Substitute Pasta Salad for \$1

Substitute a Cup of Soup with Sandwiches \$3

DESSERTS \$7

Your server will tantalize your taste buds with our
Freshly Baked Dessert Selections